

JUNE 2023

Issue 29

THE BAY CREEK INSIDER

Monthly Member Newsletter

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Make Sure Your App is Up-to-date!

Keeping your smartphone's Bay Creek App up-to-date is crucial for optimal performance and access to the latest features and improvements. To update the app on an iPhone from the Apple App Store, follow these steps:

Open the App Store on your iPhone > Tap on your profile picture located in the top right corner. > Scroll down to find the "Available Updates" section. > If an update for the Bay Creek App is listed, tap the "Update" button next to it. > Alternatively, you can tap the "Update All" button to update all apps on your device, including the Bay Creek App. > To update the Bay Creek App on an Android device from the Google Play Store, follow these instructions:

Open the Google Play Store on your Android device. > Tap the three horizontal lines in the top left corner to open the menu. > Select "My apps & games" from the menu. > If an update for the Bay Creek App is available, you will see it under the "Updates" tab. > Tap the "Update" button next to the Bay Creek App to initiate the update process. > Alternatively, you can tap the "Update All" button to update all apps on your device, including the Bay Creek App.

Remember, regularly updating the Bay Creek App ensures you have access to the latest features, bug fixes, and security enhancements, providing you with a smooth and secure experience while using the app.



STAY UP-TO-DATE WITH EVERYTHING HAPPENING AT BAY CREEK. GET THE BAY CREEK APP TODAY. NOW AVAILABLE FOR DOWNLOAD ON :



BAY CREEK

Cape Charles, Virginia

Message from Club GM, Bob Ewing...

Happy June Bay Creek family. This is the time we have all been waiting for. School is out, vacations are starting to happen, hopefully the weather warms up. But we are ready to give everyone a great summer. We have added a lot to the calendar to make this a fun filled summer. Since the last newsletter we have begun Food Delivery service to the Bay Creek community, we now are able to make tee time through the App once again, Personal Use Carts are now able to be registered and used on the Golf Course, the food trailer will open this weekend, Beach Service is starting up and much, much, more.....

With all that is going on, and we hope will bring a true sense of fun and community this summer, I would be remiss if I did not mention that we ask everyone to read over the policies and procedure for using the amenities and the hours of operation for everything. It is always important for everyone to know these things so that we can accommodate as many people as possible. We thank you in advance for helping us make this a smooth summer.

As you all explore all the new things at Bay Creek, please do not hesitate to give us your feedback. Our team here at Bay Creek is ready to make things better or if there is an idea for us to do something special, please let us know. It so very important for us to listen, this time more than any other since you are experiencing things real time and it is the best opportunity for us to tweak things where needed.

Thank You and Have a Great Summer!

Bob Ewing, General Manager

HAPPY Birthday

Celebrate the warmth of June as we wish a joyous Happy Birthday to all those born in this vibrant month! May your special day be filled with laughter, love, and cherished moments.

Thomas R. III Anderson
Robin Angle
Kathy Apy
Anthony Armstrong
Gayle Bartlett
David Baudoin
Mary Belanger
Candace L. Benedict
Gary Bennett
Robin Benson
Melinda Blanchard
Raymond Bolling
William Bradford
Hattie Buchholz
Kevin G. Burke
Stephanie Burkholder
Michael Callaway
Nansey Cardone
Eddrick Corey Cason
Roseann Chin

Mary Ann Christian
Richard Clepper
Kimberly Comstock
Alan Czerwinski
Alexander Darcy
Elizabeth Davis
Nita Kay Day
Richard Dorre
Steve Elton
Heather C. Engel
Debra Faccioli
Woody FitzHugh
Keith D. Flower
Paul Flynn
Daran Glenn
Richard Gliedman
Heather Goetsch
Dan Goffigan
Michella Guinan
Greg Habeeb
Willem R. Hannema
John Harlow

Jackie Harrell
David Host
William Husa
Rick Iapicca
Angelika Iapicca
William Jones
Mara Kane
Jacqueline Kistler
Andrew Klein
Jed Lafferty
Jane Lescoe
Katherine T. Lewis
Jeff Lichty
Mary Lovett
David Loy
Randy Lucas
Jennifer Lucas
Kelly K. MacInnis
Stephanie Marine
Lorrie Marro
Tammy Matthews
Joseph Mercer

Lisa Molinari
John Monaco
Mona Nair
Priya Narahari
Patricia Nichols-Jackson
David Nico
Kelly Odell
John Orlando
Julie Orlando
Mona Nair
Priya Narahari
Patricia Nichols-Jackson
David Nico
Kelly Odell
John Orlando
Julie Orlando
George Payne
Jane Peak
Erik Pierce
Art Pierce
Sherrie Pilkington
Barry Pitts

Wendy Pohoreskey
Macauley Popson
Steve Powell
Alan Rashkind
Tom Richbourg
Beth D. Sharpley
Scott Simms
Blaine Smith
Gary C. Smith
Christopher Spera
Ida Thomas
Dennis Ubillus
Richard Wedeman, Jr.
James Weiner
Charles Weisenfels
Sharon M. Wernikowski
Preston White
Jennie Wood
Ronald Wrucke

TEXT
BCR
to 71441

to sign-up for Bay Creek Resort mobile alerts.



DON'T FORGET TO CHECK OUT

SATURDAY BAY CREEK BUZZ

with Bob Ewing

First Saturday of the month at 9:00am on Facebook LIVE

Tune in to Facebook LIVE with Club General Manager Bob Ewing where he will discuss topics such as upcoming events and club news.



CLICK HERE

A social space for just our members!

JOIN OUR FACEBOOK GROUP
Club Updates • Club News • Member Photos • and more!

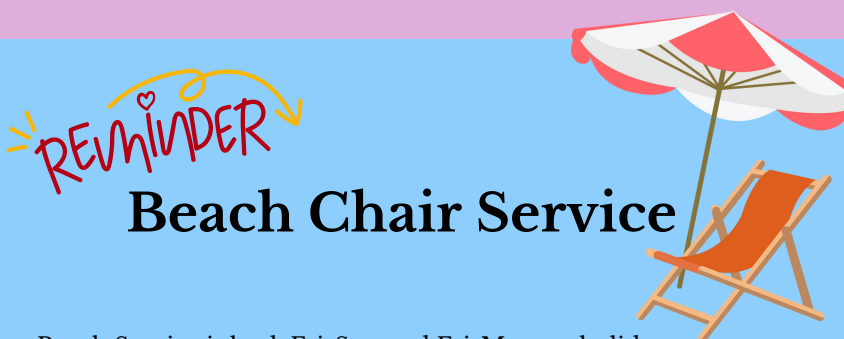
This group is monitored and moderated by the Bay Creek Team. If you have any questions regarding the page, please email club@baycreeklife.com



INTRODUCING KID FITNESS CLASSES

We are thrilled to announce the arrival of our brand-new offering that is set to revolutionize the way kids stay active and healthy. It is with great excitement that we introduce our Kid Fitness Classes, designed to inspire and empower children to embrace an active lifestyle while having an absolute blast!

Our Kid Fitness Classes are carefully crafted to captivate the imaginations of children while incorporating elements of fun and play. Led by experienced and passionate instructors, these classes offer a dynamic and engaging environment where kids can explore various forms of exercise, develop new skills, and cultivate a lifelong love for fitness.



Beach Chair Service

Beach Service is back Fri-Sun and Fri-Mon on holiday weekends. Members get one free morning or afternoon slot; whole day is \$25. Only one slot/day to give all members a chance. No call/no show incurs a \$25 charge and forfeits time after 30 minutes.

The reason for only one time slot per day is because this is a very popular amenity for our members, and we want all of our members to have the opportunity to enjoy it. We are happy to hold your time slot as long as you need if you call to notify us.

Now Accepting Poolside Chair Reservations!

Poolside Chair Service is now available Monday-Sunday! Members get one free morning or afternoon slot; whole day is \$25. No call/no show incurs a \$25 charge and forfeits time after 30 minutes.

Reserve in App or Call 757-331-8730 to reserve or hold a slot.

June 2023



DOUBLE THE POOLS, DOUBLE THE FUN!

Drumroll, please! The moment we've all been waiting for is finally here - it's time to make a splash!

Double the Pools, Double the Fun: With both our lap pool and splash pool now open, we invite you to embark on an unforgettable journey of aquatic bliss. Whether you're looking to find your Zen or make a splash, our pools offer something for everyone. So grab your swimsuits, gather your loved ones, and get ready for double the fun, double the thrills, and double the memories.



DAILY CRAFTS

Are you ready to unleash your child's creativity? Look no further than the Life Center, where imagination takes center stage! Our vibrant hub offers daily crafts that will ignite the artistic spirit in kids of all ages.

Join us at the Life Center and watch their imagination soar like never before! Just ask one of our friendly attendants and let the crafting adventure begin!

Available crafts will be updated on the Life Center's Activities Board and updated on the App each week!



BAY CREEK
Cape Charles, Virginia

RUN CLUB

LIFE IN THE FAST LANE

EVERY THURSDAY AT 6PM

Page 03



GREENS INFO

The first tee time is 7:30am for the month of June as we are in our in-season shop hours. (7:00am to 6:00pm) All the nines will be open daily for the month of June except for Monday maintenance days and a few Golf Outings.

On Mondays for the month, we will close a nine to do extra maintenance to those holes.

Monday June 5th Palmer Front will be closed for play.
Monday June 12th Palmer Back will be closed for play.
Monday June 19th Nicklaus Front will be closed for play.
Monday June 26th Palmer Front will be closed for play.

Golf outings that are scheduled for the month are listed below by date. We will have limited availability for regular play on these days.

June 1st – American Legion Benefit Tournament.
June 13th and 14th – Virginia State Golf Association has two one day golf events.

For the month of June we have a great schedule of member golf events.

June 1st & June 29th - Ladies League Play Day
Ladies league play day with tee times starting at 9am. Open to members of the ladies' league.

June 8th – Ladies League Away Day
The ladies League will travel with Zach Pfingst, PGA to Williamsburg to play the Golden Horseshoe Gold Course.

June 9th – Member Golf Clinic – Driver, Fairway Woods, and Hybrids
The Clinic will start at 5pm and will last one hour and will include a complimentary cocktail. Zach Pfingst, PGA and Jack Diehl, PGA will be instructing the clinic.

June 10th – One Day Member Guest
The Tournament will be a shotgun Start at 9:00am. The format for the event will be a two-person scramble. This is a fun format and handicapped as well. Scramble format using the USGA handicap recommendation - Player A at 35% and Player B of 15% to get the team handicap which will be subtracted at the end. Open to Golf Members plus the guest they bring.

June 11th- Cheeseburger in Paradise Scramble
The format is a 9-hole four-person team scramble on the Nicklaus Front Nine. 3:00pm (Shotgun Start) on the Nicklaus Front. Every hole will have a different rule for how to play it. All players are encouraged to dress festively.

June 15th - Ladies League Play Day / Guest Day
Ladies League play day with tee times starting at 9am. This is also the designated day to bring a guest to join the fun for a special price. Open to members of the ladies' league.

June 22nd - Ladies League Clinic & Play Day
Ladies League complimentary clinic that will start at 8:30am with casual golf to follow at 9:00am. Open to members of the ladies' league.

June 25th – Member Mixer Scramble
This is a 9-hole 4-person Team Scramble. Must be one female on each team. Teams are put together by the golf shop to make teams as evenly matched as possible. The mixers are designed to encourage you to get to know some new friends, so spouses/partners will not be in the same foursome in an effort to mix people up. Entry fee includes golf, cart, chef's choice tapas before you tee off, and prizes.

Please go to the Bay Creek App to sign up for any of these events.



GOLF INSTRUCTION

If you are looking for a golf lesson, please contact a member of the professional staff. They can aid in your quest to get better no matter what your skill or experience level.

Zach Pfingst, PGA
Director of Golf
757.377.8261
zach@baycreeklife.com

Jack Diehl, PGA
Head Golf Professional
843.504.0713
jdiehl@baycreeklife.com

NICKLAUS CUP

(ROUND ONE COMPLETED)

The Nicklaus Cup is the Club's season-long net match play tournament. Matches are arranged by playing competitors. Players may choose whichever tee they want, and the handicap will be adjusted for a heads-up match. This is a single-elimination event much like the NCAA's March Madness.

Play by Dates

May 30 - Round 1
July 11 - Round 2
August 29 - Round 3
September 26 - Round 4
October 15 - Final

Nicklaus Cup Round 1 Bracket

(CLICK IMAGE BELOW TO SEE THE FULL BRACKET)

DRIVER, FAIRWAYS, AND HYBRIDS

MEMBER GOLF CLINIC



FRIDAY, JUNE 9 5:00 pm - 6:00 pm

Located on the Bay Creek Driving Range

Join us for the Member Golf Clinic with Zach Pfingst!

We will be learning drivers, fairways and hybrids will be open to Golf Members, Guest of Golf Members, Sports Members, and Guest of Sports Members.

\$20 PER PERSON

*This event is weather dependent. All updates will be sent via the Bay Creek App, make sure you have your notifications turned on, so you will not miss out on important updates.

Cancellation Policy - All reservations must be cancelled 72 hours prior to the event to avoid being charged the full cost of the event. If you need to cancel your reservation within the 72 hour window, please contact the club to do so. Any no shows will be charged the full cost of the event.



GET IT ON
Google Play

Download on the
App Store

Sign up today in the Bay Creek App!



For more information
Call us 757-331-8620



MAY MEMBER MIXER SCRAMBLE

This was a 9-hole 4-person Team Scramble with 26 participants. There had to be one female on each team. Teams were put together by the golf shop to make teams as evenly matched as possible. The mixers are designed to encourage you to get to know some new friends, so spouses/partners did not be in the same foursome in an effort to mix people up.

Member Mixer Scramble

Pos	Players	Par	Total Gross
1	Frank Pegram, John Coker, Avis Gates, Dorothy Butler	-6	30
2	John Monaco, Michael Conte, Martina Coker, Don Marett	-5	31
3	Mike Holvick, Frank Giardina, Billie-Jean Bensen, Cynthia Hughlett, Thersa Conte	-5	31
4	Frank Hughlett, James Fliakas, Anne Michelle Monaco, B Winn	-3	33
5	Ernest Gates, Gail Edwards, Stephanie Holvick, Tracey Fliakas	-2	34
6	Steve Edwards, Danny Bjortvedt, John Butler, Laurie Marker, Tarisa Ashworth	-1	35

Congratulations to the winners!

Cinco -De- Mayo

SUNDAY SCRAMBLE

We had 47 players participate in our first annual Cinco De Mayo Scramble. The format was a 9-hole four-person team scramble on the Nicklaus Front Nine. Every hole had a different rule for how to play it.

The Result are in...

Cinco De Mayo Scramble Leaderboard

Pos	Foursome	Par Gross	Total
1	Kim Lenhardt + Natalie Smith + Payton Smith	-5	31
2	Mike Holvick + Ron Wrucke + Sherry Wrucke + Stephanie Holvick	-4	32
3	Avis Gates + Ernest Gates + Jo McLatchy + Tim McLatchy	-3	33
4	Ben Holland + Jeff Holland + Neil Stevens + Penney Holland	-2	34
5	John Coker + Karren Gliedman + Martina Coker + Richard Gliedman	-1	35
6	Anne Michelle Monaco + John Monaco + Michael Conte + Thersa Conte	E	36
7	B Winn + Cynthia Hughlett + Frank Hughlett + Mark Henry	E	36
8	EJ Dunham + Garrett Dunham + R. Dunham + Shannon Dunham	E	36
9	Billie-Jean Bensen + Don Marett + Ian McDonald + Lori McDonald	+3	39
10	Ed Apy + John Birtles + Kathy Apy + Terri Birtles	+4	40
11	Cathleen McCloy + Erik Pierce + Marina Pierce + Rudy Martin	+5	41
12	Jed Lafferty + Mary Ehmann + Pam Lafferty + Steve Ehmann	+6	42

Closest to the Pin (#4) - EJ Dunham
Closest to the Pin (#6) - Frank Hughlett

[Click Here](#) to see some of the scramble footage!





2023 SPRING MEMBER MEMBER Tournament

Saturday, May 20th

The Results Are In!

The Event was an 18-hole Scramble in 2-person teams playing. The tournament was two tournaments in one. You can only win in one division.

The Bingo – Bango – Bongo

This format is super fun and scored by allocating points in the fashion listed below. Players were pared against teams with similar handicaps. The “Bingo” is the first team to hit the green. If you win the “Bingo” you get a point.

The “Bango” is earned once all balls are on the green, the team with the ball closest to the pin earns the “Bango” point. (no matter what stroke they are on)

The “Bongo” is awarded to the team that holes the putt first. Play must be done in order of who is the farthest out.

Bingo - Bango - Bongo		
Pos	Players	Points
1	David Baudoin + Jim Turner	31
2	Chris Haberman + Frank Giardina	30
3	Jaime Ibarra + Bill Stramm	30
4	Rob Nelson + Shawn Hobbs	30
5	Frank Pegram + Laurie Marker	29
6	Bruce Farrell + Robert O'Brien	28
7	Ernest Gates + George Floyd	28
8	Kenneth Fodill + Pat Sigmon	28
9	Mike Holvick + Stephanie Holvick	28
10	Woody Angle + Woodrow Angle	28
11	Claude Reid + Garrett Dunham	27
12	James Regimbal + Pam Regimbal	27
13	Louis Neudorff + Charlie Jenks	27
14	Nick Lotuaco IV + Nick Lotuaco	27
15	David Heinzman + David Parham	26
16	Ian McDonald + Mark Henry	26
17	Michael Callaway + Neil Carns	26
18	Russell Gartman + Dick Phillips	26
19	Steve Edwards + Gail Edwards	26
20	Joseph Restein + Jon Thornbrugh	25
21	Bob Kraly + Vance Phillips	24
22	Danny Bjortvedt + Rony Thomas	24
23	Frank Wood + Terry White	24
24	Ron Matthews + Frank Hughlett	23

The Captain's Choice

We scored the captains choice tournament by the USGA handicap recommendation in where Player A received 35% of their handicap and Player B received 15% of their handicap which when added together becomes the team handicap. The team net score is the gross score subtracted by the team handicap to get the net score. This format is the USGA recommendation for a net two-person scramble. All ties were broken using the USGA method for breaking ties. (last9, last 6, last 3, last 1)

The Captain's Choice			
Pos	Players	Par Net	Total Net
1	Garrett Dunham + Claude Reid	-13	59
2	Bill Stramm + Jaime Ibarra	-11	61
3	Kenneth Fodill + Pat Sigmon	-9	63
4	Laurie Marker + Frank Pegram	-8	64
5	Ernest Gates + George Floyd	-8	64
6	David Baudoin + Jim Turner	-7	65
7	Robert O'Brien + Bruce Farrell	-6	66
8	Jon Thornbrugh + Joseph Restein	-6	66
9	Chris Haberman + Frank Giardina	-5	67
10	Ian McDonald + Mark Henry	-5	67
11	Frank Wood + Terry White	-5	67
12	Bob Kraly + Vance Phillips	-4	68
13	Dick Phillips + Russell Gartman	-2	70
14	David Parham + David Heinzman	-2	70
15	Mike Holvick + Stephanie Holvick	-1	71
16	Nick Lotuaco + Nick Lotuaco IV	E	72
17	Michael Callaway + Neil Carns	E	72
18	Frank Hughlett + Ron Matthews	+1	73
19	Woodrow Angle + Woody Angle	+1	73
20	Danny Bjortvedt + Rony Thomas	+2	74
21	Steve Edwards + Gail Edwards	+2	74
22	Pam Regimbal + James Regimbal	+3	75
23	Louis Neudorff + Charlie Jenks	+5	77
24	Rob Nelson + Shawn Hobbs	+8	80



Hole in One!

(Nicklaus #4) - Mark Henry

Closest to the Pin (Nicklaus #6) - Nick Lotuaco

Congratulations to the winners!



Northern long-eared bat shows growth of the fungus that causes white-nose syndrome.

ON BATS

by Joe Fehrer

"In their previous lives, poets were bats, and thinkers were owls." ~ Michael Bassey Johnson

At dusk on a recent full moon walk from Base Camp to the Plantation Creek overlook we had the opportunity to observe several small bats flying low overhead. Their flight was erratic as they zigzagged this way and that, as if being pulled by an invisible string towards the unsuspecting insect locked on their radar. I suspect these were either Little Brown or Hoary bats and my ID was based only on their small size; there are thirteen species of bats found in the Commonwealth. Of those, three are listed as Federally endangered; the Gray bat, Indiana bat and Virginia big-eared bat, we'll get to them later.

Josh Billings [the pen name for Henry Wheeler Shaw] a 19th-century humorist wrote a short treatise "The Bat", below is an excerpt that I found relevant.

"The bat is a winged mouse. They live very retired during the day, but at night come out for a frolic. They fly very much uncertain, and act as though they had taken a little too much gin. They don't seem to be a bird, beast, nor insect, but a kind of live hash, made out of all three. Bats have a destiny to fill, and I will bet they fill it better than we do ours".

Bats are of the order Chiroptera (an "order" being defined as one of eight major hierarchical taxonomic ranks in the Linnaean taxonomy and classified between family and class) with the thirteen species in Virginia in the family Vespertilionidae and known as "evening or mouse-eared bats". Some bats are insectivorous such as the two I mentioned above and others are fruit-eater, which are mostly confined to the tropics, while still others feed primarily on nectar and act as pollinators.



Like us and most other terrestrial mammals bats have hair, their young are born live and they feed on milk. But bats are very unique in one way, they're the only mammal species that can truly fly; flying squirrels, which are present on the lower peninsula do get airborne, but they can only glide. Bats on-the-other-hand have elongated fingers on their "hands" which is connected by skin forming a wing. And interestingly enough, anatomically bats share much of the same skeletal structure as humans, including having five digits on their "hand".

When it comes to flying, bats have evolved to be more maneuverable and agile than most birds and despite sharing wings, bats and birds are different in almost every way. Bats have teeth, birds have beaks.

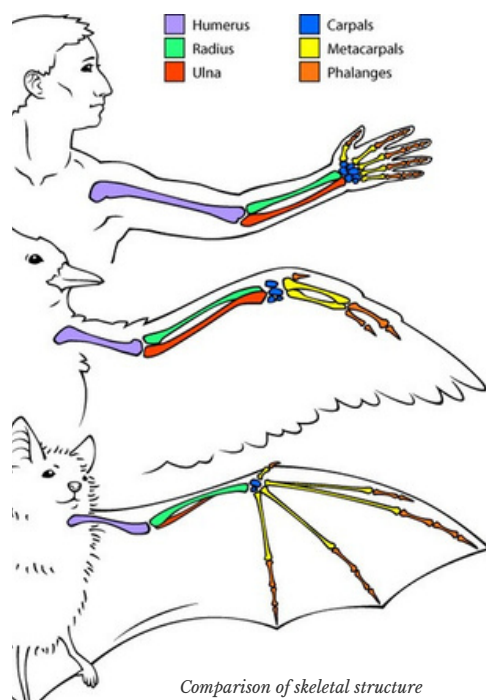
Bats give birth, birds lay eggs. Bats have belly buttons, birds do not! And while their motions may seem erratic and rather graceless, they are very efficient fliers, in part due to a unique "airlift mechanism".

In the science journal Bioinspiration and Biomimetics an article was published in 2006 by Dr. Sharon Swartz (Evolutionary Biologist at Brown University). The article presents the results of a comprehensive study of bat flight using a wind tunnel and high resolution photography, and looked specifically at the efficiency of the anatomical structure of their wings. "Bats are operating with the same skeleton that we have, every joint in the human hand and a couple more is there, in the bats wing. When you think of the degree of control that we have over the shape of our hands, bats are able to do basically the same thing, to make extremely fine scale adjustments during flight". Her research shows that the secret to a bat flight lies in the flexible skin membrane and the many-jointed wings. When taken together this structure creates a shape-shifting wing that provides more lift with less drag, using less energy, while providing greater maneuverability than most birds.

Unlike the birds and winged insects, both of which have relatively ridged wings that can only move in a few directions [the hummingbirds may be the exception] the more than two dozen joints of the bats wings, overlaid with the thin pliable membrane allow them to "catch air" more efficiently. This adaptation gives bats an extraordinary amount of control over the three-dimensional shape of their wings. They utilize this highly jointed wing system to make subtle adjustments to the wing shape during flight, which from our vantage point on the ground looks very erratic. Insects can only move the joint at the equivalent of a shoulder [the only place they exert force and control movement] and while birds have more joints in their wings it's nothing compared to a bat.

BATS	BIRDS
	
<ul style="list-style-type: none"> • MAMMALIA • "CHIROPTERA" • FUR • TEETH • LIVE BIRTH • NOCTURNAL (MOSTLY) 	<ul style="list-style-type: none"> • AVES • MULTIPLE ORDERS • FEATHERS • BEAKS • EGG-LAYING • DIURNAL (MOSTLY)
<ul style="list-style-type: none"> • WINGS • WARM-BLOODED • UBIQUITOUS 	

The bats we observed were obviously feeding on insects, how they go about this is also amazing. Bats have very small eyes for nocturnal feeders and instead rely on a highly developed sensory system, echolocation, also known as bio-sonar. With their large ears bats are very efficient hunters, catching and eating upwards of 4,000 insects per night. Bats emit a series of high-pitched squeaks while in flight, so high pitched in fact they're nearly impossible for us to hear. They echo off of any nearby objects, be it a branch, fence, overhead wires or insects, and then bounce back to the bats ears. This is where the great flying agility shines, allowing the bat to make split-second adjustments to dodge obstructions and intercept prey. If the insect is small enough the bat, with its very sharp teeth will eat the prey while on the wing, if it's a large moth however they disable it and carry it to the ground or branch for eating. If an insect takes evasive action it's not uncommon for a bat to flick out a wing to snare it.



Comparison of skeletal structure

Most bats mate in late summer or early fall, and in another unique evolutionary trick the male's sperm is stored in the female's reproductive system until spring, when fertilization take place. The young are born in the summer, when insects, fruit and nectar are most plentiful, they're born naked, blind and helpless and are nursed by the mother until about six weeks of age, when they become self-sufficient and nearly adult size. The reproductive potential of bats is low however, with most species bearing on a single pup

per year [some of the larger species may bear up to four young]. To make up for their low reproductive rates, bats are relatively long-lived. Some, banded and released bats, have been recaptured more than 30 years later; although the average life-span for most species is closer to five to ten years.

None of the bats in our region are diurnal, they make their feeding flights in the late evening, at night or in the predawn hours. They spend their days roosting, and depending on the species and sex they do this singly, in pairs, in small groups or large colonies, hanging by their clawed hind feet...and yes, upside down. Since we don't have caves or old mine shafts on the lower peninsula our bats tend to roost in hollow trees (another reason why it's important to keep standing dead wood) in thick tree leaves and in thick patches of blackberry and green-brier. Some bats will also find shelter in abandoned buildings, barns, chimneys and attics. Since bats feed in midair and are only active between dusk and dawn they're not often caught by predators. That said, some are taken by Owls [at night] and Hawks and occasionally by raccoon's and foxes if found on their roost.

A few of our bat species migrate south in the fall as the insect population decreases, but the majority stay and go into hibernation. And bats are true hibernators; throughout the winter they eat nothing, surviving by slowly burning the body fat they accumulated through the spring and into the fall. The body temperature of a hibernating bat drops close to the air temperature, their respiration and heartbeat slow and chemical changes occur in their blood. Most bats do favor caves for hibernation as the temperature within is fairly stable and remains above freezing; in our area an attic space or church steeple can fill that need.

People hold many misconceptions about bats but in fact they're no more prone to rabies or diseases than any other warm-blooded animal. A host of scientific studies have shown that healthy bats do not attack people (and certainly don't want to get tangled up in your hair) and in fact even rabid bats are rarely aggressive. To be able to fly bats must keep themselves clean, they host no more parasites than do any other wild animal. Most, but not all, parasites that any wild animal carries are specialized to the animal and pose no problems to humans. In the book Nature Lovers Library: Mammals of America published in 1917 I found this quote "One of the strangest of all animals is the Bat... Many persons fear them, although most Bats are harmless. They are very useful to man in destroying bugs and insects".

Overall bat populations are decreasing and the greatest threat by far has been human caused; the loss of habitat and shelter and the increased use of insecticides which reduces their prey and can accumulate toxins in their bodies.

The other and more immediate threat is also the least understood; white nose syndrome, an invasive fungus first identified in a cave in upstate New York in 2006. The fungus wakes the bats from hibernation in the winter, sending them into the cold and insect devoid environment; remember, bats are true hibernators and are not out in the cold months. At any rate, if afflicted with this "disease" they'll leave their winter roost and venture out looking for insects that are not there, usually ending with the bats death of exposure or starvation. Entire colonies have been wiped out by this disease, reducing the numbers of some of our bat species to precarious lows, hence their listing as "Federally Endangered". The fungus that causes white nose syndrome is thought to have been brought to America from Europe; it's name comes from the white fuzzy spots it produces on the bats nose.

In parts of North America the fungus has killed 90% or more of the bat population, and in Virginia bat populations have plummeted more than 95%. The good news, if there is any, is the bat population in the Commonwealth is starting to stabilize, all-be-it slowly. According to Richard Reynolds, a Non-game Mammal Biologist with the VA Dept. of Wildlife Resources "the population increase or stabilization is happening at only a fraction of the sites monitored". So why does this matter; the US Geological Survey and US Dept. of Agriculture estimate that bats add 3.7 billion dollars a year to the agricultural sector, simply by eating crop destroying insects.

But we shouldn't look at bats, or for that matter any wildlife, in a purely economic sense. All of our living natural resources [whether they be plants, reptiles, amphibians, fish, birds or mammals] have a far greater value than we sometimes assign to them; they're part of this great web of life that enhance and adds beauty to our lives, and on which our very existence depends.

I encourage you all to step outside and look around, we live in a region rich in living natural resources that we often take for granted; and so as not to forget, the Passenger Pigeon, Carolina Parakeet and Ivory-billed Woodpecker were once taken for granted, until they were no more...

Bat Identification: [Click Here](#)

Bat Boxes: [Click Here](#)

Personal Note from Naturalist Joe Fehr

Dear Bay Creek Members,

It's truly been an honor to have had this opportunity to write about the things both large and small, showy or mundane, the obvious and the obscure, but all being important in the "big scheme of things". Many of you have become wonderful friends, as you've joined me regularly on my walks through the uplands and on the beach. You've been patient with my sometimes "sciency" explanation of whatever we were looking at, at the time and how that one small piece fits into the larger whole. For that I'm forever grateful. As I bring my employment with Preserve Communities to an end I say goodbye and farewell... you've been a wonderful audience and I've learned much in return, more than I could ever have hoped for...

Thank you and with my best regards,
Joe

Farewell Joe!

THANK
YOU
😊

Food Delivery

Tuesday
thru
Sunday
12pm - 6pm



CALL THE TAVERN TO PLACE YOUR ORDER!



New Extended Hours

TAVERN IS NOW STAYING OPEN LATER!

MONDAY - CLOSED
TUESDAY - 10AM - 7PM
WEDNESDAY - 10AM - 7PM
THURSDAY - 10AM - 8PM
FRIDAY - 9AM - 9PM
SATURDAY - 9AM - 9PM
SUNDAY - 9AM - 7PM



JUNE COCKTAIL FEATURE

Grapefruit Crushes \$8

ABSOLUT GRAPEFRUIT | TRIPLE SEC
SPRITE | SPLASH OF GRAPEFRUIT

Wine of the Month

The Coach House Tavern Wine Feature for the Month of June

Pol Clement Rose – \$6 per glass or \$21 per bottle

Intense bright pink color with delicate aromas of red fruits, predominantly red currant. Refreshing and lasting flavors of red currant with a very fresh minerality and very fine bubbles. Grape Varieties: Grenache, Cabernet Franc, and Cabernet Sauvignon.

For generations, sparkling wine produced in France has set the standard for wine lovers worldwide. Pol Clement continues that tradition with a wine, which is elegant and fruity with soft notes of red fruits and a delightful finish.

Suggested Food Pairings:

Serve with seafood (especially Salmon), Pesto, Soft cheeses and grilled meat.



JUNE BEER FEATURE

O'CONNOR
PROPER LAGER
12 OZ CANS

\$3

PER CANS

JUNE 1 - 30
REQUEST FROM YOUR
SERVER OR BARTENDER



YOUTH SUMMER CAMP

Get ready for summer fun...
sports, adventures, and
outdoor games.

Fun Activity Programs

Outdoor Games, Explore Nature,
Treasure Hunts, Crafts, Golfing Fun and
Interactive Games.



\$350

Register in the Bay
Creek App
Ages 7-13

JULY

10-13

24-27

AUGUST

7-10

BAY CREEK LIFE CENTER

1 Beach Club Way
Cape Charles, VA 23310

CONTACT US

+757-331-8730
club@baycreeklife.com



CELEBRATING CAPE CHARLES

Nominate for the Bay Creek Tastemakers Awards!

We are thrilled to announce the inaugural Bay Creek Tastemakers Awards, a special competition designed to celebrate and honor the vibrant businesses that make Cape Charles not just a place to live, but a place to love.

Cape Charles has recently been crowned as the '[Best Little Beach Town in Virginia](#)' by Southern Living, and rightly so! Our charming town, with its beautiful beaches, fabulous eateries, delightful boutiques, and energetic activities, is second to none. Now, we aim to spotlight the people and places that give Cape Charles its unique flavor through the Tastemakers Awards.

Here's where we need your help. As valued members of our community, your voice matters. We're asking you to participate by nominating your favorite Cape Charles businesses and experiences in several categories. These could range from the 'Best Place to Grab a Drink' to the 'Favorite Local Artist or Artisan.' Feel free to nominate in as many categories as you choose by filling out [this form](#).

The nomination period is open until June 12th. After we've gathered all your nominations, we'll move on to the voting phase, which will take place on our social media platforms and app shortly thereafter. This process will determine the true 'tastemakers' of our beloved Cape Charles.

The fun doesn't stop there! We will be compiling all nominees into Bay Creek's first-ever Tastemaker's Guide. This guide will serve as a comprehensive directory showcasing the best that Cape Charles has to offer, with winners receiving special mentions and of course, ultimate bragging rights.

The Bay Creek Tastemakers Awards is more than a competition. It's a celebration of our community, a nod to our local heroes, and a chance to show our appreciation for the businesses that make Cape Charles the best little beach town in Virginia. Nominate today, and let's put our local treasures on the map!

Please Submit Your Nominations by June 12th.

Nomination Form:

[Click Here](#)



SCAN HERE





Private club members can now set sail at all Suntex Marinas. Members will receive 25% off all boat rentals at all participating properties.

Click here to book your rental today:

<https://suntexwatersports.com/>

When booking, use the code **Troon** under “Coupon” to receive the discount.



Interested in seeing other Prive privileges
visit: <https://www.troon.com/member-programs/>

June 2023

Monthly Event & Activity Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Ladies League Play Day, 8:00am Golf Outing (<i>American Legion</i>), 9:00am Prime Rib Night, 5:00pm Knit & Sip, Life Center, 6:00pm	2 Stand Up Paddleboard for beginners with Ranger Stan, 4:00pm Kid's Night Out, Life Center, 6:00pm	3 Clean the Bay Day, Bay Creek Beach and Base Camp, 9:00am Family Game Night, Life Center, 6:00pm
4 Bicycle Mimosa Tasting, 1:00pm	5 Plein Air Painting in the Preserve, 4:00pm	6 Trivia Night, 5:30pm	7 Workshop Wednesday, DIY Beachy Decor, Life Center, 6:00pm Preserve Owl Prowl, 8:30pm	8 Ladies League Away Trip, 8:00am Prime Rib Night, 5:00pm	9 Kayak Experience with Ranger Stan, 1:30pm Escape Room, Sessions starting at 4:00pm Member Clinic (<i>Driver, Fairway Woods, and Hybrids</i>), 5:00pm Yappy Hour, 5:00pm Sunset Jams, meet on Beach, 7:30pm	10 One Day Member Guest, 8:00am
11 Cheeseburger in Paradise Sunday Scramble, 8:00am	12 Kayak Experience with Ranger Stan, 5:00pm	13 Golf Outing (<i>VSGA One Day - Palmer 18</i>), 9:00am	14 Golf Outing (<i>VSGA One Day, Nicklaus Front to Palmer Front</i>), 9:00am Workshop Wednesday, Stamped Key Chain, Life Center, 6:00pm Nature Talk Campfire, Base Camp, 8:00pm	15 Ladies League Guest Play Day, 8:00am Prime Rib Night, 5:00pm Knit & Sip, Life Center, 6:00pm	16 Charcuterie Board Workshop, 4:00pm Bingo, Life Center, 6:00pm Sunset Jams, meet on Beach, 7:30pm	17 Outdoor Movie, Life Center, 6:00pm
18	19	20 Preserve Walk, meet at Base Camp, 9:30am	21 Workshop Wednesday, DIY Summer Wreath, Life Center, 6:00pm Preserve Owl Prowl, 8:00pm	22 Ladies League Play Day, 8:00am Prime Rib Night, 5:00pm Sunset Sip & Paint, 7:00pm	23 Tree of Life, 5:30am Sunset Jams, meet on Beach, 7:30pm	24 Cornhole Tournament, 6:00pm
25 Escape Room (<i>Kids Edition</i>), Sessions starting at 2:00pm Member Mixer Scramble, 3:00pm	26 Kayak Experience with Ranger Stan, 3:00pm	27 Fishin' thh Pond with Ranger Stan, 10:00am Neuropathy Talk, Life Center, 3:00pm	28 Workshop Wednesday, Sea glass Painted Mason Jars, Life Center, 6:00pm Nature Talk Campfire, Base Camp, 8:00pm	29 Ladies League Play Day, 8:00am Prime Rib Night, 5:00pm	30 Escape Room, Sessions starting at 4:00pm Charcuterie Board Workshop, 4:00pm	

All events, classes and hours are subject to change due to weather and other unforeseen circumstances. Updates for any changes will be in the Bay Creek app, as well as sent out via email.

Hours of Operation

Life Center
757-331-8730

Mon - Fri - 6:30am-8pm
Sat - Sun - 7am - 8pm

Coach House Tavern
757-331-8630

Mon - Closed
Tues - 10am-7pm
Wed - 10am-7pm
Thurs - 10am-8pm, *Prime Rib Night*
Fri - Sat 9am-9pm
Sun - 9am-7pm

Pro Shop
757-331-8620

Mon - Sun - 7am-6pm



June 2023

Life Center Monthly Schedule

Sign up is required for all Water Aerobics, Spin, Yoga, and HIIT classes due to equipment availability and spacing.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Tai-Chi - 8:30 am Kid's Fitness - 10am Kid's Fitness - 1pm Full Body Workout (30 min)- 5:30pm Run Club, 6pm	2 Spin - 7:00am Full Body Stretch - 9am Basic Mat Pilates - 10am Tabata- 11am	3 Tabata- 10am
4	5 Full Body Stretch - 9am Tabata - 10am Spin - 6pm	6 Tabata- 7:00am Tai-Chi - 8:30 am Kid's Fitness - 10am Total Body Workout - 10:30 am Kid's Fitness - 1pm	7 Walking Club Preserve Walk, 9am Full Body Stretch - 9am Tabata- 10am Basic Mat Pilates - 11am	8 Tai-Chi - 8:30 am Kid's Fitness - 10am Kid's Fitness - 1pm Full Body Workout (30 min)- 5:30pm Run Club, 6pm	9 Spin - 7:00am Full Body Stretch - 9am Basic Mat Pilates - 10am Tabata- 11am Kid's Fitness - 1pm	10 Tabata- 10am
11	12 Full Body Stretch - 9am Tabata - 10am Spin - 6pm	13 Tabata- 7:00am Tai-Chi - 8:30 am Kid's Fitness - 10am H2O (Water Pilates) - 10:30 am Kid's Fitness - 1pm	14 Walking Club Preserve Walk, 9am Full Body Stretch - 9am Tabata- 10am Basic Mat Pilates - 11am	15 Tai-Chi - 8:30 am Kid's Fitness - 10am Kid's Fitness - 1pm Full Body Workout (30 min)- 5:30pm Run Club, 6pm	16 Spin - 7:00am Full Body Stretch - 9am Basic Mat Pilates - 10am Tabata- 11am H2O (Water Pilates) - 11:30 am Kid's Fitness - 1pm	17 Tabata- 10am
18	19 Full Body Stretch - 9am Tabata - 10am Spin - 6pm	20 Tabata- 7:00am Tai-Chi - 8:30 am Kid's Fitness - 10am H2O (Water Pilates) - 10:30 am Kid's Fitness - 1pm	21 Walking Club Preserve Walk, 9am Full Body Stretch - 9am Tabata- 10am Basic Mat Pilates - 11am	22 Tai-Chi - 8:30 am Kid's Fitness - 10am Kid's Fitness - 1pm Full Body Workout (30 min)- 5:30pm Run Club, 6pm	23 Spin - 7:00am Full Body Stretch - 9am Basic Mat Pilates - 10am Tabata- 11am H2O (Water Pilates) - 11:30 am Kid's Fitness - 1pm	24 Tabata- 10am
25	26 Full Body Stretch - 9am Tabata - 10am Spin - 6pm	27 Tabata- 7:00am Tai-Chi - 8:30 am Kid's Fitness - 10am H2O (Water Pilates) - 10:30 am Kid's Fitness - 1pm	28 Walking Club Preserve Walk, 9am Full Body Stretch - 9am Tabata- 10am Basic Mat Pilates - 11am	29 Tai-Chi - 8:30 am Kid's Fitness - 10am Kid's Fitness - 1pm Full Body Workout (30 min)- 5:30pm Run Club, 6pm	30 Spin - 7:00am Full Body Stretch - 9am Basic Mat Pilates - 10am Tabata- 11am H2O (Water Pilates) - 11:30 am Kid's Fitness - 1pm	
Wellbeats Classes are available at any time during facility hours. Ask a Life Center Attendant for assistance.						

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Mon - Sun - 7am-6pm

